**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Class Period # : \_\_\_**

Date: \_\_\_/ \_\_\_\_\_/ \_\_\_\_\_\_\_\_\_

***Art and Fear – Chapter 3***

***Reflection***

***Fears About Yourself***

By David Bayles and Ted Orland

PICK 4 TO RESPOND TO

“We have met the enemy and he is us.” – Pogo

1. How does an artist make good work?

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1. What is the clear waste of psychic energy?

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“Whatever talent you have is exactly what you need to produce your best work.”

1. “Making art is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.”
2. “Talent is a snare, a delusion” What are the answers to the following questions about an artist’s talent?

Who cares? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Who would know? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 What difference would it make? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Perfection – Read the first paragraph on page 29 again and then answer this question:
* Which group would you see yourself a part of? The left side of the studio that produced a quantity of work or the right side of the studio that worked to produce the one perfect piece? Which approach to you makes the most sense?

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1. What does “perfection” deny you?

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1. In what are the seeds of your next work of art embedded?

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***Annihilation***

1. On page 32, about mid page, our authors discuss method and routine and how that worked for Anthony Trollope and Brett Weston. What type of routine can you set up for yourself in order to produce? Write down a routine that you will be able to stick to for one week. “I will …\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.” Stick to this routine for one week, then continue it for another week and so on, and so on… How long can you continue this routine? Can you continue it until you find it impossible to fall asleep at night if you haven’t completed it?

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***Magic***

1. What is it that all the other artists in the world have that allows them to successfully make their work that you need to possess so that you will in turn be able to make your own art?

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